

## \*COVID-19 GUIDLINE MEASURES\*

Dear Parents/Guardian/Students

Assalamu Alaykum wa rahmatullahi wa barakatuhu

As you all are aware that the issue of coronavirus is very real and a test from Allāh ﷻ.

Allāh ﷻ tests the ummah in many ways and this is a means. Because of the seriousness of the situation it is important that we adhere to all the guidelines to protect ourselves and especially frail loved ones.

For this reason, the following are simple ten points guidelines that you must follow

1. Anyone who enters the ABT building must either use hand sanitizer on entry at reception or wash their hands for 20 seconds in the sink with soap. They must also repeat this on their way out.
2. Please do not shake hands, hug or have direct physical contact with anyone.
3. When coughing or sneezing cover your mouth and nose with a tissue or your sleeve and discard the tissue properly in a bin.
4. Do not spit or discard saliva, mucus, blood etc. except in a sink or a tissue which is binned immediately.
5. If you have a fever and cough then please do not come to the madrasah for at least 1-2 weeks and isolate yourself from others as much as possible. In this case, you must contact either myself or Apa notifying that you won't be sending your child for this reason so we can authorise the absence. If close members of your family have fever and cough then also avoid attending as you may also be a carrier.
6. If your child is suffering from chronic illness and are vulnerable then let reception know and avoid sending them to the madrasah until further notice.
7. Perform Wudhu from home and avoid using the toilets and Wudhu facilities at the Madrasah. Keep tissues on you and hand sanitizers if possible.
8. Bring a musalla or any cloth or covering to place on the floor for your head in sajda during Salah.
9. Keep an eye on your beloved ones who are vulnerable and neighbours. Let them know that you are available if they need any help or support.
10. Make regular and frequent Dua' that Allāh ﷻ eases our burden and ask for Afiya (good health) and forgiveness for our shortcomings.

The above are temporary guidelines and are subjected to change in light of the changing circumstances. You will be updated further when more is known and what our public health advises.

Our belief is that this is a test from Allāh ﷻ and there is a higher wisdom that is beyond our comprehension and we must stay calm, remember Allāh ﷻ much more and have Sabr with His decree.

**And whoever relies upon Allāh - then He is sufficient for him. Indeed, Allah will accomplish His purpose. Allāh has already set for everything a [decreed] extent. [65:3]**

May Allāh ﷻ preserve us and have mercy on us. We are so thankful for our Imān and our Dīn. Amīn.

Yours Sincerely



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